

RECOMMENDED RESOURCES: Care Ministries

Building a healthy relationship with God:

Emotionally Healthy Spirituality by Peter Scazzero

Surrender to Love by David Benner

Spiritual Disciplines Handbook by Adele Calhoun

With by Skye Jethani

God Attachment by Clinton & Straub

Prayer:

The God Who Hears by Hunter

Prayer: Experiencing Awe and Intimacy with God by Tim Keller

Letters to Malcolm by C.S. Lewis

Finding and building healthy friendships:

Boundaries by Cloud & Townsend

Safe People by Cloud & Townsend

Codependent No More by Melody Beattie

Connecting by Larry Crabb

Anatomy of the Soul by Curt Thompson

Healing Relational Wounds:

Attachments by Clinton & Sibcy

Changes that Heal by Cloud & Townsend

Dating/Engagement/Pre-marital:

101 Questions to Ask Before You Get Engaged by H. Norman Wright

Boundaries in Dating by Cloud & Townsend

I Gave Dating a Chance by Jeramy Clark

Singleness:

Loves Me, Loves Me Not by Laura Smit

Building Marriage:

How We Love by Milan & Kay Yerkovich

The Love Dare by Stephen & Alex Kendrick

Hold Me Tight by Dr. Sue Johnson

Boundaries in Marriage by Cloud & Townsend

Sheet Music by Dr. Kevin Leman

Sacred Marriage by Gary Thomas

Cherish by Gary Thomas

Re-Marriage:

101 Questions to Ask Before You Get Remarried by H. Norman Wright

Affair Recovery:

Torn Asunder by Dave Carder

www.affairrecovery.com

Divorce Recovery:

Moving Forward: A Devotional Guide for Divorce by Jim Smoke

Experiencing Divorce by H. Norman Wright

Grief – General:

Experiencing Grief by H. Norman Wright

A Grace Disguised by Gerald Sittser (death due to trauma)

Experiencing the Loss of a Family Member by H. Norman Wright

Grieving with Hope by Hodges & Leonard

Grief – Spouse:

A Grief Observed by C.S. Lewis (when you have lost a spouse)

Reflections of a Grieving Spouse by H. Norman Wright

Grief – Child:

Through the Eyes of a Lion by Levi Lusko

Grieving the Child I Never Knew by Kathe Wunnenberg

Suffering – General:

Walking with God Through Pain & Suffering by Tim Keller

When The Darkness Will Not Lift by John Piper

Shattered Dreams by Larry Crabb

Anger:

Good & Angry by David Powlison

Hidden Rift with God by William D. Backus

Shame & Guilt:

Soul of Shame by Curt Thompson

Shame Lifter by Marilyn Hontz

Cancer:

Everyday Strength by Randy Becton

When God and Cancer Meet by Lynn Eib

Cancer, Now What? by Kenneth C. Haugk

Praying Through Cancer by Sorensen & Geist

Bitter and Sweet: A Family's Journey with Cancer by Darcy Theil, MA, LMHC

Grief Undone: A Journey with God and Cancer by Groves

Sexual Abuse:

The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse by Dan B. Allender

Sexual Addiction:

Healing the Wounds of Sexual Addiction by Mark R. Laaser

Undefined by Harry Schaumburg

Forgiveness:

The Choosing to Forgive Workbook by Carter & Minirth

Five Steps to Forgiveness: The Art & Science of Forgiving by Everett Worthington

Parenting:

Parenting from the Inside Out by Daniel J. Siegel, M.D.

Your Teenager is Not Crazy by Dr. Jeramy & Jerusha Clark

Shepherding a Child's Heart by Tedd Tripp

Habits of a Child's Heart: Raising Your Kids with Spiritual Disciplines by Valeria Hess

Self-Centeredness:

Embracing Obscurity by Anonymous

Fatherlessness:

A Dad-Shaped Hole in my Heart by H. Norman Wright

Chronic Illness:

Coping with Chronic Illness by Wright & Ellis

Dementia:

Experiencing Dementia by H. Norman Wright

* If you do not see a book on this list that is relevant to what you are looking for, please contact aubreybowditch@arborroad.com.